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# Reverse Engineering of Nexplanon® Contraceptive Implant: Physicochemical Properties and In Vitro Drug Release

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## PURPOSE

Nexplanon® is a long-acting implant inserted subdermally to release etonogestrel and prevent pregnancy for up to 3 years. The implant is a non-biodegradable and flexible rod composed of a solid ethylene vinyl acetate copolymer (EVA) core imbedded with etonogestrel and barium sulfate. Surrounding the core is a rate-controlling EVA membrane (named as “skin”). Composition of Nexplanon® is listed in **Table 1** [1]. The implant is manufactured using a co-extrusion process [2] and development of this process was discussed in another poster [3]. The goals of this study are:

- To characterize key physicochemical properties of Nexplanon®.
- To study drug release mechanisms of Nexplanon®.
- To correlate drug release mechanisms with structural properties.

## OBJECTIVE(S)

- To determine thickness of the rate-controlling membrane.
- To characterize implant surface morphology.
- To study solid state properties of etonogestrel and barium sulfate in Nexplanon®.
- To apply mathematic models to understand mechanisms of drug release through two ends/skin and correlate them with physicochemical properties of Nexplanon®.

## METHOD(S)

### Characterization of physicochemical properties:

| Property           | Images were analyzed using ImageJ 3                                                                                                                                                                                                                                                                                                   |
|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Skin thickness     | 100 um thick cross section was prepared using cryo-microtome and analyzed using light microscope.                                                                                                                                                                                                                                     |
| Surface morphology | Nexplanon® was sputter-coated with gold for 60 s at 40 mA and analyzed using scanning electron microscope (SEM).                                                                                                                                                                                                                      |
| Etonogestrel       | <ul style="list-style-type: none"><li>Particle size: Nexplanon® was heated to 150 °C, smeared into a glass slide and analyzed using a hot-stage polarized light microscope.</li><li>Solid state property: Nexplanon® was heated to 250 °C under Nitrogen purging condition using a Differential scanning calorimetry (DSC).</li></ul> |
| Barium sulfate     | Nexplanon® was heated to 1000 °C at 20 °C/min using a thermogravimetric analyzers (TGA). The residue was then analyzed using SEM.                                                                                                                                                                                                     |

### Characterization of drug release properties:

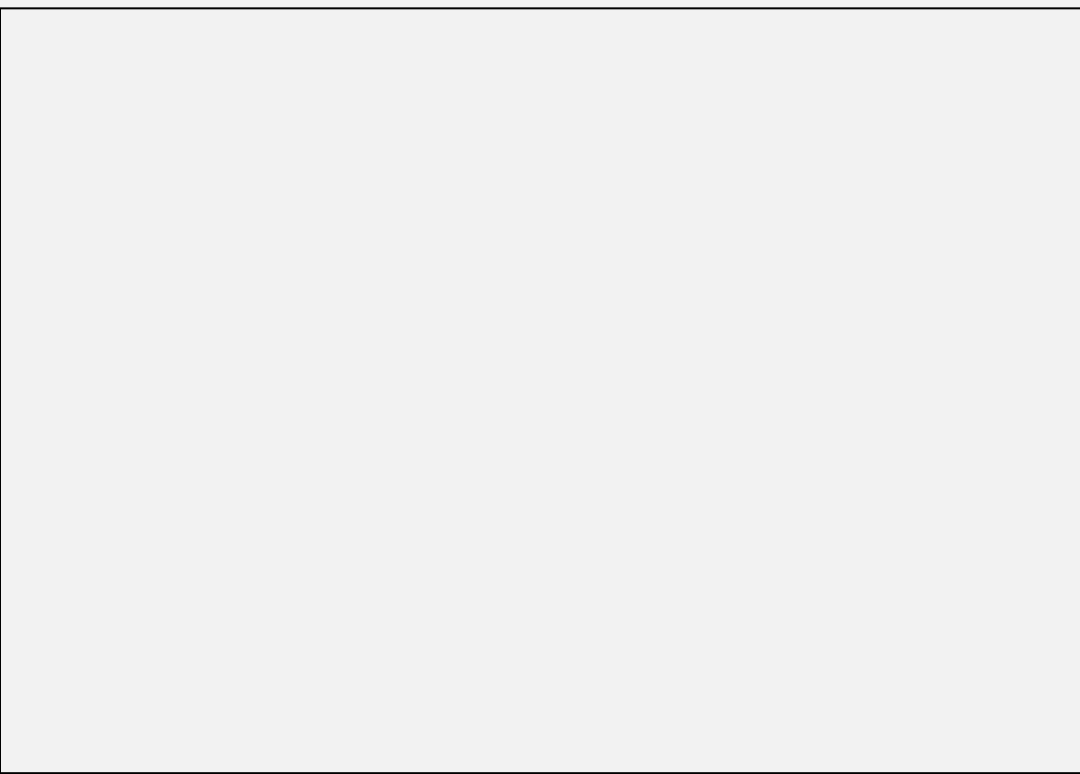
- In-vitro drug release through the skin, the two ends and whole implant were tested in deionized water at 37 °C in a shaker at 150 rpm.
- To test release through only the skin or the two ends, either the ends or the skin was sealed using etonogestrel-impermeable Loctite® 4011 glue, respectively.
- Etonogestrel was assayed using a reverse-phase HPLC method with UV detection.

### Analysis of acquired data:

- All data were processed, fitted and plotted using Excel.

## RESULT(S)

**Figure 1.** Cross section and surface morphology of of Nexplanon®.



**Figure 2.** characterization of etonogestrel and barium sulfate.

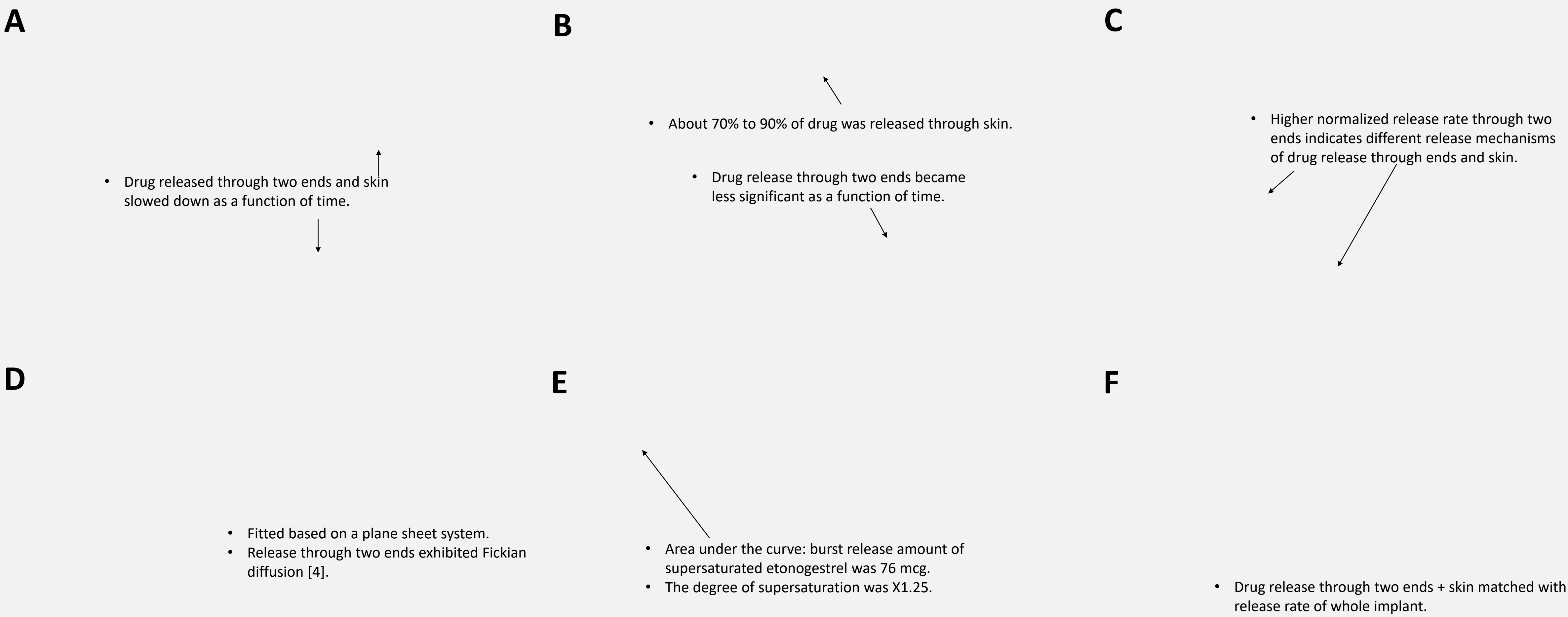
**Figure 3.** DSC thermogram of Nexplanon® and etonogestrel.

The onset temperature of melting of etonogestrel in Nexplanon® was lower than neat etonogestrel, indicating etonogestrel was partially dissolved in EVA 28.

**Table 1.** Composition of Nexplanon® [2].

**Table 2.** Dimension of Nexplanon®.

**Figure 5.** In-vitro dissolution testing and modelling of drug release mechanisms.



## CONCLUSION(S)

### Implant structure:

- The thickness of the rate-controlling membrane was 61.0  $\mu\text{m}$  (**Table 2**).
- The surface of the implant skin was free of drug crystals (**Figure 1**).
- The two ends were not covered by the membrane and dispersed with etonogestrel particles (**Figure 1**).

### Properties of etonogestrel and barium sulfate:

- The d90 of etonogestrel was 11.9  $\mu\text{m}$  and the d90 of barium sulfate was 3.0  $\mu\text{m}$  (**Figure 2**).
- 99.5% of etonogestrel was at crystalline state (**Figure 2, 3**). 0.5% was at solubilized state (of which 0.1% was supersaturated) (**Figure 5E**).

### Drug release mechanisms:

- Drug released through two ends by dissolution and diffusion in EVA 28 matrix (**Figure 5D**).
- Drug released through skin by diffusion in EVA 15 membrane (**Figure 5E**).
- About 1.2 mg of burst released etonogestrel was observed at the first 15 days due to the presence of supersaturation of etonogestrel and exposed ends (**Figure 5F**).
- Drug was predominantly (70% to 90%) released through skin (**Figure 5B**).
- The apparent release rate through skin was faster than through two ends (**Figure 5A**) due to the 40 times larger surface area of skin compared to two ends (**Table 2**).
- The release rate per unit area through two ends was faster than through skin, indicating faster release mechanism through two ends than skin (**Figure 5C**).
- The total release rate of two ends + skin matched well with release rate of whole implant (unsealed).

## REFERENCE

- [1] Nexplanon® product label.  
[2] Veenstra, H. and W. De Graaff, X-ray visible drug delivery device. 2014, US 8,722,037 B2.  
[3] Zhong, Ren, et al. “Development of a coextrusion process to prepare etonogestrel long-acting implant.” AAPS 2024  
[4] Korsmeyer, Richard W., et al. "Mechanisms of solute release from porous hydrophilic polymers." International journal of pharmaceutics 15.1 (1983): 25-35.

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